



COVENTRY HIGH 2016-17 MENU

Students must select a minimum of 3 items to qualify as a reimbursable lunch!
Students must take at least one fruit or vegetable.

LUNCH
PRICE:
\$3.00

NEW IN 2016-17

BEGINNING FEBRUARY 1ST STRAWBERRY AND MIXED BERRY SMOOTHIE

MADE WITH WHOLE STRAWBERRIES AND BLUEBERRIES WITH YOPLAIT VANILLA YOGURT AVAILABLE DAILY FOR \$2.00 EACH OR WITH A HOT SOFT PRETZEL AND SIDE DISHES AS PART OF A \$3.00 LUNCH!



Bosco's Cheese Sticks
available Mondays,
Wednesdays and Fridays

Bosco Prezel Cheese Sticks
available Tuesdays and
Thursdays

\$1.75 each

Not available as part of \$3.00



GOURMET ENTRÉE SALADS AVAILABLE DAILY! \$3.00 EACH

(INCLUDES A 2 OZ HOT SOFT PRETZEL, MILK AND JUICE)

BUFFALO CHICKEN, FRESH FRUIT SALAD, VEGGIE SALAD, GRILLED CHICKEN SALAD, ITALIAN SALAD AND POPCORN CHICKEN SALAD!



Smart Snack
Compliant
\$2.50 for a 3oz
bag



Cookies n Cream, Cookie
Dough, Chocolate and
Vanilla, and Sour Patch
Strawberry

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COMET CAFÉ

Popular homestyle meals with lots of options and variety. Meals include lots of fresh fruit and fresh Vegetable options. All items available as part of the \$3.00 Lunch!



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>EVERYTHING CHICKEN BAR Week 1 - 6 REG OR SPICY CHICKEN NUGGETS OR Week 2 - POPCORN CHICKEN OR Week 3 - 5 REG OR SPICY CHICKEN TENDERS OR Week 4 - POPCORN CHICKEN BOWL (MASHED POTATOES, POPCORN CHICKEN, CORN, TOPPED WITH GRAVY) W/ DINNER ROLL 2 VEGS (Mashed Potatoes, Corn, Salad or OTHER) 2 FRUITS AND MILK</p>	<p>TACO TUESDAYS Week 1 - Taco Salad, Nacho Supreme or Two Tacos Week 2 - Walking Tacos w/ Nacho or Cool Ranch Doritos Week 3 - 2 Half of Chicken, Beef or Cheese Quesidillas Week 4 - Walking Tacos w/ Nacho or Cool Ranch Doritos *ALL MEXICAN MEALS AVAILABLE W/BEEF OR CHICKEN Tons of Veggie Toppings BBQ OR TEX MEX BAKED BEANS 2 FRUITS AND MILK Giant Goldfish Cookie</p>	<p>WAFFLE FRY BAR LARGE SERVING OF SEASONED WAFFLE FRIES CHOICE OF TOPPINGS: - 3 OZ HOMEMADE NACHO CHEESE SAUCE - REAL BACON BITS - SOUR CREAM SERVED WITH A 2 OZ HOT SOFT PRETZEL FRESH STEAMED BROCCOLI FRUITS AND MILK</p>	<p>SUB YOUR WAY BAR Choice of: White or Italian Herb & Cheese Choice of: Fajita Chicken, 5 Meatballs, Cold Cuts (Turkey, Ham, Pepperoni), or Cheeseburger Choice of Dressings: Ranch, Italian, Hot Sauce, BBQ, or Sesame Ginger 2 Potato Triangles Cheese & Veggie Toppings Galore 2 FRUITS AND MILK OTIS CHOCOLATE CHIP OR M&M</p>	<p>BREAKFAST BAR Choice of: 9 MINI PANCAKES OR 4 FRENCH TOAST STIX WITH SYRUP W/ (2) 1 OZ SLICES OF FRIED HAM OR 1.5 OZ TURKEY SAUSAGE PATTY TATOR TOTS CHOICE OF OTHER VEGS FRUITS AND MILK FORTUNE COOKIE</p>	
<p>AMERICAN GRILL Fast food favorites sure to please. All items available as part of the \$3.00 Lunch!</p>	<p>BACON CHEESE BURGER PEPPERONI, PEPPERONI & SAUSAGE OR CHEESE PIZZA BREADED CHICKEN SANDWICH HAMBURGER W/ CHOICE OF TOPPINGS: lettuce, tomato, onion, pickles and cheese 2 VEGS (OVEN BAKED CURLY FRIES, BUTTERED CORN or OTHER) 2 FRUITS AND MILK</p>	<p>MINI CORN DOGS OR CORN DOG CHEESY BREAD W/ SAUCE BREADED CHICKEN SANDWICH HAMBURGER W/ CHOICE OF TOPPINGS: lettuce, tomato, onion, pickles and cheese 2 VEGS (NEW CRISPY GEN 7 FRIES, BBQ OR TEX MEX BAKED BEANS or OTHER) 2 FRUITS AND MILK Giant Goldfish Cookie</p>	<p>CHICKEN PARMESAN SANDWICH OR SESAME GINGER POP-CORN CHICKEN WRAP WITH SLAW DRESSING PEPPERONI, PEPPERONI & SAUSAGE OR CHEESE PIZZA BREADED CHICKEN SANDWICH HAMBURGER W/ CHOICE OF TOPPINGS: lettuce, tomato, onion, pickles and cheese 2 VEGS (WAFFLE FRIES, FRESH STEAMED BROCCOLI or OTHER) 2 FRUITS AND MILK</p>	<p>BREAKFAST CROISSANT SANDWICH CHEESY BREAD W/ SAUCE BREADED CHICKEN SANDWICH HAMBURGER W/ CHOICE OF TOPPINGS: lettuce, tomato, onion, pickles and cheese 2 VEGS (2 POTATO TRIANGLES, GREEN BEANS or OTHER) 2 FRUITS AND MILK OTIS CHOCOLATE CHIP OR M&M COOKIE</p>	<p>BBQ RIB SANDWICH FIESTADA MEXICAN PIZZA BREADED CHICKEN SANDWICH HAMBURGER FISH SANDWICH W/ CHOICE OF TOPPINGS: lettuce, tomato, onion, pickles and cheese 2 VEGS (TATOR TOTS, SUGAR SNAP PEA PODS or OTHER) 2 FRUITS AND MILK FORTUNE COOKIE</p>
<p>AMERICAN GRILL-Extras Other than the Gourmet Salads, these items CAN NOT be purchased as part of a \$3.00 Lunch!</p>	<p>Gourmet Salads available with a Hot Soft Pretzel, Juice and Milk for\$3.00 A la Carte Items Available: Dippin Dots.....\$2.50 Bosco Cheese BreadSticks..\$1.75 Funnel Cake.....\$1.00 1.5 oz Warm M&M Cookie.....\$.75 2 oz Hot Soft Pretzel.....\$.75</p>	<p>Gourmet Salads available with a Hot Soft Pretzel, Juice and Milk for\$3.00 A la Carte Items Available: Dippin Dots.....\$2.50 Bosco Pretzel Sticks.....\$1.75 2 Churros.....\$1.00 1.5 oz Choc Chip Cookie.....\$.75 2 oz Hot Soft Pretzel.....\$.75</p>	<p>Gourmet Salads available with a Hot Soft Pretzel, Juice and Milk for\$3.00 A la Carte Items Available: Dippin Dots.....\$2.50 Bosco Cheese BreadSticks..\$1.75 Funnel Cake.....\$1.00 1.5 oz Warm M&M Cookie.....\$.75 2 oz Hot Soft Pretzel.....\$.75</p>	<p>Gourmet Salads available with a Hot Soft Pretzel, Juice and Milk for\$3.00 A la Carte Items Available: Dippin Dots.....\$2.50 Bosco Pretzel Sticks.....\$1.75 2 Churros.....\$1.00 1.5 oz DBL Choc Chip Cookie..\$.75 2 oz Hot Soft Pretzel.....\$.75</p>	<p>Gourmet Salads available with a Hot Soft Pretzel, Juice and Milk for\$3.00 A la Carte Items Available: Dippin Dots.....\$2.50 Bosco Cheese BreadSticks..\$1.75 Funnel Cake.....\$1.00 1.5 oz Cinn Sugar Cookie.....\$.75 2 oz Hot Soft Pretzel.....\$.75</p>

4 OZ 100% FRUIT JUICES ARE AVAILABLE AS SIDE DISH DAILY

GREEN PRINT INDICATES VEGETARIAN OPTION

ALL BREAD, PASTAS, RICE, PIZZA CRUSTS AND BREADING ARE WHOLE GRAIN TO COMPLY WITH FEDERAL STANDARDS.